



Communication and Creative & Performing Arts Division
1400 Tanyard Road, Sewell, NJ 08080
856-468-5000

THR105: Fundamentals of Ballet

Syllabus

Lecture Hours/Studio/Credits: 2/2/3

Catalog Description

Prerequisite: RDG099 or ENG 104

THR 105 introduces students to vocabulary and technique of ballet movements with emphasis on body alignment and effective methods for gaining strength and flexibility necessary for proper ballet deportment. The course includes barre, centre floor, and basic elements of classical ballet vocabulary.

Textbook and Course Materials

It is the responsibility of the student to confirm with the bookstore and/or their instructor the textbook, handbook, and any other materials required for their specific course and section.

Click here to see current textbook prices at rcgc.bncollege.com.

Evaluation Assessment

Online Proctoring

All courses offered at RCSJ, whether they are web-enhanced, hybrid, or fully online, may include assessments that make use of Online Proctoring. To find out more about Online Proctoring, and to learn about the minimum technical requirements, visit rcsj.edu/elearning/online-proctoring.

Grading

The grading scale for each course and section will be determined by the instructor and distributed the first day of class.

Rowan College South Jersey Core Competencies

(Based on the NJCCC General Education Foundation - August 15, 2007; Revised 2011; Adopted 2014)

This comprehensive list reflects the core competencies that are essential for all RCSJ graduates; however, each program varies regarding competencies required for a specific degree. Critical thinking is embedded in all courses, while teamwork and personal skills are embedded in many courses.

1. **Written and Oral Communication:** Students will communicate effectively in both speech and writing.
2. **Quantitative Knowledge and Skills:** Students will use appropriate mathematical and statistical concepts and operations to interpret data and to solve problems
3. **Scientific Knowledge and Reasoning:** Students will use the scientific method of inquiry, through the acquisition of scientific knowledge.
4. **Technological Competency:** Students will use computer systems or other appropriate forms of technology to achieve educational and personal goals
5. **Society and Human Behavior:** Students will use social science theories and concepts to analyze human behavior and social and political institutions and to act as responsible citizens.
6. **Humanistic Perspective:** Students will analyze works in the fields of art, history, music, or theater; literature; philosophy and/or religious studies; and/or will gain competence in the use of a foreign language
7. **Historical Perspective:** Students will understand historical events and movements in World, Western, non-Western or American societies and assess their subsequent significance.
8. **Global and Cultural Awareness:** Students will understand the importance of a global perspective and culturally diverse peoples.
9. **Ethical Reasoning and Action:** Students will understand ethical issues and situations.
10. **Information Literacy:** Students will address an information need by locating, evaluating, and effectively using information.

THR105 Core Competencies

This course focuses on three of RCSJ's Core Competencies:

- Written and Oral Communication
- Humanistic Perspective

Student Learning Outcomes: Fundamentals of Ballet

Successful completion of THR105 will help students:	RCSJ Core Competencies	Evaluation / Assessment (Additional means of evaluation may be included by individual instructors)
Identify in words and movements an understanding of basic ballet vocabulary and technique.	<ul style="list-style-type: none"> - Written and Oral Communication - Humanistic Perspective 	Exams Quizzes Class Discussion Written Assignments Attendance and Participation
Execute beginning ballet movements with discipline and comprehension.	<ul style="list-style-type: none"> - Written and Oral Communication - Humanistic Perspective 	Exams Class Discussion Attendance and Participation
Demonstrate body posture and proper alignment.	<ul style="list-style-type: none"> - Written and Oral Communication - Humanistic Perspective 	Exams Class Discussion Attendance and Participation
Demonstrate strength, flexibility and endurance.	<ul style="list-style-type: none"> - Written and Oral Communication - Humanistic Perspective 	Exams Class Discussion Attendance and Participation
Perform introductory level ballet combinations	<ul style="list-style-type: none"> - Written and Oral Communication - Humanistic Perspective 	Class Discussion Written Assignments Attendance and Participation
Critique live ballet performances.	<ul style="list-style-type: none"> - Written and Oral Communication - Humanistic Perspective 	Exams Class Discussion Attendance and Participation

Topical Outline

- Basic ballet barre, 5 positions of the feet.
- Demi plie and grand plie in 1; 2; 5 positions. 1 port de bras.
- Battements tendus in 1 and 5 positions. 2-nd port de bras.
- Battements tendus jetes in 1 and 5 positions.
- Port de bras by the barre.
- Centre floor: body positions en face and epaulements.
- Plie and battements tendus combos on the centre.
- Barre and centre work. Small jumps: pas sautes, changements- de-pieds, echappes.
- Barre and centre work. Preparations to pirouettes en dehors and en dedans from 5-th position.
- Ballet barre: concepts of rond de jambe par terre; passe par terre.
- Barre and centre work. 3 port de bras. Preparation to tou haines.
- Barre work.: battaments fondu. Preparation to tour pique en dedans.
- Barre work: battements frappes. Centre: pas balances. 1; 2; 3 arabesques.
- Barre work: battements releve lents, battements developpes.
- Barre work: grand battements jetes. Centre: pas glissade.
- Midterm exam.
- Barre and centre work. Small adagio with 1; 2; 3; port de bras and arabesques.
- Barre work: plie, battements tend us combos for performance final. Jumps, turns.
- Centre: temps lie, battements tendus combo on the centre for performance final. Technique.
- BARRE: ROND DE JAM BE PAR TERRE FOR PERFORMANCE FINAL. Grand bat. Jete on epaulement . Centre technique.
- Centre: Temp lies, bat. Tendus, bat. Tendu jetes for performance final. Jumps and turns technique.
- Barre: bat fondus and bat. Frappes combos for performance final. Dance variation.
- Barre: grand bat. Jetes combo for performance final. Centre work. Dance variation.
- Barre and centre practice for performance final. Dance variation.
- Performance final.

Class Preparation and Participation Rubric

- A:** Arrives fully prepared at almost every session; plays an active, ongoing role in discussions; comments advance the level and depth of the discussion.
- B:** Arrives mostly, if not fully, prepared; participates constructively in discussions; makes relevant comments based on the assigned material.
- C:** Preparation is inconsistent; when prepared, participates constructively; when prepared, makes relevant comments based on the assigned material
- D:** Infrequently prepared and infrequently participates; comments are generally vague; demonstrates a noticeable lack of interest.
- F:** Rarely, if ever, prepared; rarely, if ever, participates; demonstrates a noticeable lack of interest; negatively affects discussion.

Affirmative Action Statement

The Board of Trustees is committed to providing a work and academic environment that maintains and promotes affirmative action and equal opportunity for all employees and students without discrimination on the basis of certain enumerated and protected categories. These categories are race, creed (religion), color, national origin, nationality, ancestry, age, sex (including pregnancy and sexual harassment), marital status, domestic partnership or civil union status, affectional or sexual orientation, gender identity or expression, atypical hereditary cellular or blood trait, genetic information, liability for military service, or mental or physical disability, including AIDS and HIV related illnesses.

For questions concerning discrimination, contact Almarie J. Jones, Special Assistant to the President, Diversity and Equity/Title IX and Compliance, 856-415-2154 or ajones@rcsj.edu or (Cumberland) Nathaniel Alridge, Jr., JD, Director, Diversity and Equity/Title IX and Judicial Affairs, 856-691-8600, ext. 1414 or nalridge@rcsj.edu. For disability issues or any barriers in the learning or physical environment related to a document condition/disability please contact: Gloucester campus – Dennis M. Cook, Director, Department of Special Services, ADA/504 Officer at 856-415-2265 or dcook@rcsj.edu; or Cumberland Campus – Meredith Vicente, Senior Director, Physical & Learning Disabilities, Center for Academic & Student Success (CASS) at 856-691-6900 ext. 1282 or mvicent1@rcsj.edu

Department of Special Services

The Department of Special Services is located in the Instructional Center, room 425A. The Special Services Department is committed to providing support services and ensuring equal access to eligible students with documented disabilities as outlined by the Americans with Disabilities Act (ADA) and the Americans with Disabilities Act with Amendments. If you are an eligible student with a documented disability please visit our website at RCSJ.edu/SpecialServices or call the office at 856-415-2265 or 856-415-2247 to speak to the Assistant Director Carol Weinhardt, cweinhar@rcsj.edu.

Reporting Allegations of Sexual Assault and Resource Referrals (8/2020)

Gloucester Campus

There are multiple safe places for students to report allegations of sexual assault, both on and off campus. Reports of sexual assault can be made to any of the following offices listed in the chart below.

All students are encouraged to report alleged crimes on campus. Crimes that pose a threat to the campus community must be reported to 9-1-1, Security, the Sheriff's Office or the Deptford Township Police Department. All employees, including Security staff, must report incidents of discrimination, harassment or sexual misconduct to the Title IX Officer.

Service	Resource	Phone Number/Location/Website
Non-Confidential Reporting Local Law Enforcement	Gloucester County Sheriff's Office Deptford Township Police Dept. Gloucester Co. Prosecutor's Office Sexual Assault Response Team	856-681-2200 856-845-2220 856-384-5500 856-384-5555
Non-Confidential Reporting 9-1-1 and Campus Security	9-1-1 Gloucester County Emergency Management Dispatch Campus Security Blue Light Emergency Phones OR ext. 4444 from any campus desk phone	9-1-1 or push RED button on Campus Blue Light Emergency Phones 856-681-6287
Non-Confidential On-Campus Reporting Support Services	Almarie J. Jones Special Assistant to the President Diversity and Equity/Title IX and Compliance John F. Ryder Director Student and Veteran Affairs	856-415-2154 College Center, Room 116 ajones@rcsj.edu 856-468-5000, ext. 6456 College Center, room 202 iryder@rcsj.edu
Confidential On-Campus Counseling and Support Services	Lois Y. Lawson-Briddell, Ph.D. MSW, LSW, Director Counseling & Wellness Services Center William Leonard, Ph.D. Intervention Teams Consultant Crystal Noboa, LSW, MSW Director, The Center for People in Transition (PIT) Diane Mussoline, EdS, LMFT Director of Behavioral Services	856-464-5236 l Lawsonb@rcsj.edu College Center, Room 206 856-415-2119 wleonard@rcsj.edu College Center, STEM Office C-168 856-415-2264 cnoboa@rcsj.edu Workforce Development Bldg., room 809 856-494-5665 dmussoli@rcsj.edu College Center, Room 200A
Confidential Off-Campus Full-Service Support	Center for Family Services/ Services Empowering Rights of Victims (SERV)	1-866-295-7378 Camden and Gloucester counties centerffs.org/serv
Hospitals with Sexual Assault Nurse Examiners	Inspira Medical Center Jefferson Washington Township Hospital	700 Mullica Hill Rd. Mullica Hill, NJ · 856-508-1000 435 Hurffville-Crosskeys Rd., Turnersville, NJ · 856-582-2500