



Nursing and Health Professions  
1400 Tanyard Road, Sewell, NJ 08080  
856-468-5000

## **ALH 130: Elements of Healthcare Careers**

Syllabus

Lecture Hours/Credits: 3/3

### **Catalog Description**

*Prerequisites: None*

This course will introduce a broad variety of health care professions. Student will be exposed to all levels to the following health occupation clusters: administrative, diagnostic, environmental service, information service/technical, and therapeutic. Elements of Healthcare Careers will allow students to develop skills and information literacy through critical thinking activities, teamwork, collaboration, and a hands-on approach to learning. Career exploration will be pursued through field trips or guest speakers, and career assessments.

### **Textbook and Course Materials**

It is the responsibility of the student to confirm with the bookstore and/or their instructor the text book, handbook, and any other materials required for their specific course and section.

Click here to see current textbook prices at [rcgc.bncollege.com](http://rcgc.bncollege.com).

### **Evaluation Assessment**

#### **Online Proctoring**

All courses offered at RCSJ, whether they are web-enhanced, hybrid, or fully online, may include assessments that make use of Online Proctoring. To find out more about Online Proctoring, and to learn about the minimum technical requirements, visit [rcsj.edu/elearning/online-proctoring](http://rcsj.edu/elearning/online-proctoring).

### **Grading Distribution**

Grading to be determined by individual instructors.

Individual instructors may include the following assessment(s):

- Class participation/Attendance
- Quizzes and lecture exams
- Final Exam
- Lab reports (incl. field trips)
- Project

### **Grading**

The grading scale for each course and section will be determined by the instructor and distributed the first day of class.

## Rowan College of South Jersey Core Competencies

(Based on the NJCCC General Education Foundation - August 15, 2007; Revised 2011; Adopted 2014)

This comprehensive list reflects the core competencies that are essential for all RCSJ graduates; however, each program varies regarding competencies required for a specific degree. Critical thinking is embedded in all courses, while teamwork and personal skills are embedded in many courses.

1. **Written and Oral Communication:** Students will communicate effectively in both speech and writing.
2. **Quantitative Knowledge and Skills:** Students will use appropriate mathematical and statistical concepts and operations to interpret data and to solve problems
3. **Scientific Knowledge and Reasoning:** Students will use the scientific method of inquiry, through the acquisition of scientific knowledge.
4. **Technological Competency:** Students will use computer systems or other appropriate forms of technology to achieve educational and personal goals
5. **Society and Human Behavior:** Students will use social science theories and concepts to analyze human behavior and social and political institutions and to act as responsible citizens.
6. **Humanistic Perspective:** Students will analyze works in the fields of art, history, music, or theater; literature; philosophy and/or religious studies; and/or will gain competence in the use of a foreign language
7. **Historical Perspective:** Students will understand historical events and movements in World, Western, non-Western or American societies and assess their subsequent significance.
8. **Global and Cultural Awareness:** Students will understand the importance of a global perspective and culturally diverse peoples.
9. **Ethical Reasoning and Action:** Students will understand ethical issues and situations.
10. **Information Literacy:** Students will address an information need by locating, evaluating, and effectively using information.

### ALH 130 Core Competencies

This course focuses on one of RCSJ's Core Competencies:

- Written and oral Communication

## Student Learning Outcomes: Elements of Healthcare Careers

Successful completion of ALH 130 will help students:	RCSJ Core Competencies	Evaluation / Assessment (Additional means of evaluation may be included by individual instructors)
Identify various types of health care and technology through a historical perspective.		<ul style="list-style-type: none"> <li>• Class participation/Attendance</li> <li>• Quizzes and lecture exams</li> <li>• Final Exam</li> <li>• Lab reports (incl. field trips)</li> <li>• Project</li> </ul>
Define the roles and functions of health care careers.		<ul style="list-style-type: none"> <li>• Class participation/Attendance</li> <li>• Quizzes and lecture exams</li> <li>• Final Exam</li> <li>• Lab reports (incl. field trips)</li> <li>• Project</li> </ul>
Explain the importance of professionalism in the health care community.	Written and Oral Communication	<ul style="list-style-type: none"> <li>• Class participation/Attendance</li> <li>• Quizzes and lecture exams</li> <li>• Final Exam</li> <li>• Lab reports (incl. field trips)</li> <li>• Project</li> </ul>
Define and analyze diversity as it applies to health care careers.		<ul style="list-style-type: none"> <li>• Class participation/Attendance</li> <li>• Quizzes and lecture exams</li> <li>• Final Exam</li> <li>• Lab reports (incl. field trips)</li> <li>• Project</li> </ul>

## Topical Outline

### Unit 1: Health Care Systems of the Past, Present and Future

- Identify at least 10 major events in the history of health care.
- Differentiate between different early beliefs about the cause of disease and treatment and current beliefs about disease and treatment.
- Identify socioeconomic factors that influence the health care industry.
- Describe at least eight types of health care services.
- Compare the basic principles of at least four different health insurance plans.
- Identify at least five current trends or changes in health care.

### Unit 2: Careers in Health Care

- Compare the educational requirements for technical, associates, bachelors, masters, and doctorate degrees.
- Contrast certification, registration, and licensure for various health care careers.
- Describe at least 10 different health careers by including a definition of the career, three duties, educational requirements, and employment opportunities.
- Describe a career ladder for at least one health care occupation.
- List at least four factors (salary, credentials, employment opportunities, and professional associations) to be considered when choosing an occupation
- Identify at least five career and technical student organizations (CTSO's).

### Unit 3: Professional Qualities of a Health Care Worker

- Describe the purposes of the job application, resume, portfolio, interview, and resignation letter.
- Provide a positive response for at least five questions that might be asked in a job interview.
- Demonstrate the standards of a professional appearance as they apply to uniforms, clothing, shoes, nails, hair, jewelry, and make-up.

- Explain why attitude and teamwork are beneficial in health care.
- Explain the importance of listening, reporting, recording and verbal and non-verbal communication in health care.
- Identify attitudes and behaviors that act as barriers to effective communication.

#### Unit 4: Cultural Diversity in Health Care

- List four basic characteristics of culture.
- Differentiate between culture, ethnicity, gender, religion, and race.
- Identify some of the major ethnic groups.
- Provide an example of acculturation in the United States.
- Create an example of how a bias, prejudice, or stereotype can cause a barrier to effective relationships with others.
- Identify at least five obstacles to cultural competence.
- Identify ways in which language, personal space, touching, eye contact, and gestures are affected by cultural diversity.
- Compare and contrast the diverse health beliefs of different ethnic/cultural groups.

#### Resources

**Academic Support Center:** The Academic Support Center (ACS), located in Room 603 above the College Store, offers FREE tutoring, student success workshops, structured study groups, and academic coaching for RCSJ students seeking assistance in most subjects. The phone number is 856-681-6250. For more information about all the services provided, please visit the Academic Support Center's webpage: [rscj.edu/asc](https://rscj.edu/asc).

### **Affirmative Action Statement**

The Board of Trustees is committed to providing a work and academic environment that maintains and promotes affirmative action and equal opportunity for all employees and students without discrimination on the basis of certain enumerated and protected categories. These categories are race, creed (religion), color, national origin, nationality, ancestry, age, sex (including pregnancy and sexual harassment), marital status, domestic partnership or civil union status, affectional or sexual orientation, gender identity or expression, atypical hereditary cellular or blood trait, genetic information, liability for military service, or mental or physical disability, including AIDS and HIV related illnesses.

For questions concerning discrimination, contact Almarie J. Jones, Special Assistant to the President, Diversity and Equity/Title IX and Compliance, 856-415-2154 or [ajones@rcsj.edu](mailto:ajones@rcsj.edu) or (Cumberland) Nathaniel Alridge, Jr., JD, Director, Diversity and Equity/Title IX and Judicial Affairs, 856-691-8600, ext. 1414 or [nalridge@rcsj.edu](mailto:nalridge@rcsj.edu). For disability issues or any barriers in the learning or physical environment related to a document condition/disability please contact: Gloucester campus – Carol Weinhardt, Director, Department of Special Services, ADA/504 Officer at 856-415-2247 or [cweinhar@rcsj.edu](mailto:cweinhar@rcsj.edu); or Cumberland Campus – Meredith Vicente, Senior Director, Department of Special Services/Project Assist at 856-200-4688 or [mvicent1@rcsj.edu](mailto:mvicent1@rcsj.edu)

### **Department of Special Services**

The Department of Special Services is committed to providing support services and ensuring equal access to eligible students with documented conditions/disabilities as outlined by the Americans with Disabilities Act (ADA) and the Americans with Disabilities Act with Amendments Act (ADAAA).

#### **(Gloucester Campus Location and Contact)**

Location: Instructional Center, room 425A.

Primary Contact: Director, Carol Weinhardt, (email) [cweinhar@rcsj.edu](mailto:cweinhar@rcsj.edu); or (phone) 856-415-2247.

#### **(Cumberland Campus Location and Contact)**

Location: Center for Academic & Student Success (CASS)

Primary Contact: Senior Director, Meredith Vicente, (email) [mvicent1@rcsj.edu](mailto:mvicent1@rcsj.edu); or (phone) 856-200-4688.

## Reporting Allegations of Sexual Assault and Resource Referrals (08/2021) Gloucester Campus

There are multiple safe places for students to report allegations of sexual assault, both on and off campus. Reports of sexual assault can be made to any of the following offices listed in the chart below.

All students are encouraged to report alleged crimes on campus. Crimes that pose a threat to the campus community must be reported to **9-1-1**, Security, the Sheriff's Office, or the Deptford Township Police Department. All employees, including Security staff, must report incidents of discrimination, harassment, or sexual misconduct to the Title IX Officer.

Service	Resource	Phone Number/Location/Website
<b>Non-Confidential Reporting</b>  Local Law Enforcement	Gloucester County Sheriff's Office	856-681-2200
	Deptford Township Police Dept.	856-845-2220
	Gloucester Co. Prosecutor's Office	856-384-5500
	Sexual Assault Response Team	856-384-5555
<b>Non-Confidential Reporting 9-1-1 and Campus Security</b>	<b>9-1-1</b> Gloucester County Emergency Management Dispatch  Campus Security <b>Blue Light</b> Emergency Phones or ext. 4444 from any campus desk phone	<b>9-1-1 or push RED button on Campus Blue Light</b> Emergency Phones  856-681-6287
<b>Non-Confidential On-Campus Reporting Support Services</b>	Almarie J. Jones Special Assistant to the President Diversity and Equity/Title IX and Compliance  John F. Ryder Director, Student and Veteran Affairs	856-415-2154 College Center, Room 116 <a href="mailto:ajones@rcsj.edu">ajones@rcsj.edu</a>  856-468-5000, ext. 6456 College Center, room 202 <a href="mailto:jryder@rcsj.edu">jryder@rcsj.edu</a>
<b>Confidential On-Campus Counseling and Support Services</b>	Lois Y. Lawson-Bridgell, Ph.D. MSW, LSW, Director Counseling & Wellness Services Center  William Leonard, Ph.D. Intervention Teams Consultant  Crystal Noboa, LSW, MSW Director, The Center for People in Transition (PIT)  Diane Mussoline, EdS, LMFT Executive Director of Behavioral Services	856-464-5236 <a href="mailto:llawsonb@rcsj.edu">llawsonb@rcsj.edu</a> College Center, Room 206  <a href="tel:856-415-2119">856-415-2119</a> <a href="mailto:wleonard@rcsj.edu">wleonard@rcsj.edu</a> <a href="#">College Center, STEM Office C-168</a>  856-415-2264 <a href="mailto:cnoboa@rcsj.edu">cnoboa@rcsj.edu</a> Career & Technical Education Center, Room 809, 1492 Tanyard Road  856-494-5665 <a href="mailto:dmussoli@rcsj.edu">dmussoli@rcsj.edu</a> Rowan University Center, Room 200A
<b>Confidential Off-Campus Full-Service Support</b>	Center for Family Services/ Services Empowering Rights of Victims (SERV)	1-866-295-7378 Camden and Gloucester counties <a href="http://www.centerffs.org/serv">www.centerffs.org/serv</a>
<b>Hospitals with Sexual Assault Nurse Examiners</b>	Inspira Medical Center  Jefferson Washington Township Hospital	700 Mullica Hill Road, Mullica Hill, NJ 08062 856-508-1000  435 Hurffville-Crosskeys Rd., Turnersville, NJ 856-582-2500