



# Art Therapy, A.A.

[ART.THERAPY.AA with CIP 24.0101]

## Associate in Arts (A.A.) - Transfer

For students who want to transfer into a bachelor's degree program in art therapy. The option offers a strong foundation in the fundamentals of art therapy. Students who wish to pursue a degree in art therapy will learn to explore an individual's problems and potential, while using art to cultivate physical and emotional well-being. The curriculum includes an interaction between theoretical learning and artistic learning.

### Program Learning Outcomes

Upon Completion of this program, students should be able to:

- Analyze the relationship between art making and art therapy.
- Use a variety of art materials and therapeutic art techniques to gain an understanding of the healing nature of the art process.
- Identify the major theoretical approaches of the pioneers who developed art therapy as a profession.
- Identify and discuss the developmental stages of art, the therapeutic process, and the stages of therapy.
- Locate, retrieve, and critically evaluate information and information sources.

### FIRST YEAR - Fall Semester

<input type="checkbox"/> EN 101 English Composition	3
<input type="checkbox"/> CS 101 Introduction to Microcomputers or CS 110 Information Technology	2-3
<input type="checkbox"/> AR 110 Fundamentals of Drawing	3
<input type="checkbox"/> SO 201 Introduction to Sociology	3
<input type="checkbox"/> HS 103 World History & Culture I or HS 104 World History & Culture II	<u>3</u>
	14-15

### Spring Semester

<input type="checkbox"/> EN 102 English Composition II	3
<input type="checkbox"/> AR 107 Art History I	3
<input type="checkbox"/> CR 101 Ceramics I	3
<input type="checkbox"/> MA 205 Statistics	3
<input type="checkbox"/> PY 101 General Psychology	<u>3</u>
	15

### SECOND YEAR - Fall Semester

<input type="checkbox"/> AR 103 Introduction to Art Therapy and Methods	3
<input type="checkbox"/> SO 207 Social Minorities and Intergroup Relations	3
<input type="checkbox"/> SO 217 Human Behavior and the Social Environment I	3
<input type="checkbox"/> SP 203 Speech	3
<input type="checkbox"/> BI 108 Human Biology	<u>4</u>
	16

### Spring Semester

<input type="checkbox"/> AR 104 Introduction to Art Therapy in Practice	3
<input type="checkbox"/> AR 200 Two-Dimensional Design	3
<input type="checkbox"/> LS 101 Introduction to Spanish I (or higher)	3
<input type="checkbox"/> SO 212 Social Psychological Counseling	3
<input type="checkbox"/> SO 219 Human Behavior and the Social Environment II	<u>3</u>
	15

**TOTAL MINIMUM CREDITS: 60**

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at RCSJ? Visit [RCSJ.edu/Enroll](https://www.rcsj.edu/enroll)  
and complete the interest  
form.